

Appendix 9 Standard drinks

NUMBER OF STANDARD DRINKS – BEER		
	1.1 285ml Full Strength 4.8% Alc. Vol	
	0.8 285ml Mid Strength 3.5% Alc. Vol	
	0.6 285ml Low Strength 2.7% Alc. Vol	
	1.6 425ml Full Strength 4.8% Alc. Vol	
	1.2 425ml Mid Strength 3.5% Alc. Vol	
	0.9 425ml Low Strength 2.7% Alc. Vol	
		
	1.4 375ml Full Strength 4.8% Alc. Vol	
	1 375ml Mid Strength 3.5% Alc. Vol	
	0.8 375ml Low Strength 2.7% Alc. Vol	
		
	34 24 x 375ml Full Strength 4.8% Alc. Vol	
	24 24 x 375ml Mid Strength 3.5% Alc. Vol	
	19 24 x 375ml Low Strength 2.7% Alc. Vol	

NUMBER OF STANDARD DRINKS – WINE

	1.6 150ml Average Restaurant Serving of Red Wine 13.5% Alc. Vol		8 750ml Bottle of Red Wine 13.5% Alc. Vol
	1 100ml Standard Serve of Red Wine 13.5% Alc. Vol		43 4 Litres Cask Red Wine 13.5% Alc. Vol
	0.9 60ml Standard Serve of Port 18% Alc. Vol		21 2 Litres Cask Red Wine 13.5% Alc. Vol
	1.4 150ml Average Restaurant Serving of White Wine 11.5% Alc. Vol		7.5 750ml Bottle of White Wine 12.5% Alc. Vol
	1 100ml Standard Serve of White Wine 11.5% Alc. Vol		39 4 Litres Cask White Wine 12.5% Alc. Vol
	1.4 150ml Average Restaurant Serve of Champagne 12% Alc. Vol		19.5 2 Litres Cask White Wine 12.5% Alc. Vol
	7.5 750ml Bottle of Champagne 12.5% Alc. Vol		28 2 Litres Cask of Port 17.5% Alc. Vol

NUMBER OF STANDARD DRINKS – SPIRITS

	1	30ml	High Strength Spirit Nip	40% Alc. Vol
	22	700ml	High Strength Bottle of Spirits	40% Alc. Vol
	1.1	275ml	Full Strength RTD*	5% Alc. Vol
	1.2	330ml	Full Strength RTD*	5% Alc. Vol
	2.6	660ml	Full Strength RTD*	5% Alc. Vol
	1.5	275ml	High Strength RTD*	7% Alc. Vol
	1.8	330ml	High Strength RTD*	7% Alc. Vol
	3.6	660ml	High Strength RTD*	7% Alc. Vol
	1	250ml	Full Strength Pre-mix Spirits	5% Alc. Vol
	1.2	300ml	Full Strength Pre-mix Spirits	5% Alc. Vol
	1.5	375ml	Full Strength Pre-mix Spirits	5% Alc. Vol
	1.7	440ml	Full Strength Pre-mix Spirits	5% Alc. Vol
	1.4 – 1.9	250ml	High Strength Pre-mix Spirits	7% – 10% Alc. Vol
	1.6	300ml	High Strength Pre-mix Spirits	7% Alc. Vol
	2.1	375ml	High Strength Pre-mix Spirits	7% Alc. Vol
	2.4	440ml	High Strength Pre-mix Spirits	7% Alc. Vol

