

## Appendix 8 Treatment guidelines for mental disorders

Royal Australasian and New Zealand College of Psychiatrists <<http://www.ranzcp.org/resources/clinical-practice-guidelines.html>>

American Psychiatric Association <[http://www.psych.org/MainMenu/PsychiatricPractice/PracticeGuidelines\\_1.aspx](http://www.psych.org/MainMenu/PsychiatricPractice/PracticeGuidelines_1.aspx)>

American Psychological Association, Society for Clinical Psychology, Research supported psychological treatments <<http://www.psychology.sunysb.edu/eklonky-/division12/index.html>>

### **Depression:**

<[http://www.psychology.sunysb.edu/eklonky-/division12/disorders/depression\\_main.php](http://www.psychology.sunysb.edu/eklonky-/division12/disorders/depression_main.php)>

### **Generalised anxiety disorder:**

<[http://www.psychology.sunysb.edu/eklonky-/division12/disorders/gad\\_main.php](http://www.psychology.sunysb.edu/eklonky-/division12/disorders/gad_main.php)>

### **Obsessive–compulsive disorder:**

<[http://www.psychology.sunysb.edu/eklonky-/division12/disorders/ocd\\_main.php](http://www.psychology.sunysb.edu/eklonky-/division12/disorders/ocd_main.php)>

### **Panic disorder:**

<[http://www.psychology.sunysb.edu/eklonky-/division12/disorders/panic\\_main.php](http://www.psychology.sunysb.edu/eklonky-/division12/disorders/panic_main.php)>

### **Post-traumatic stress disorder:**

<[http://www.psychology.sunysb.edu/eklonky-/division12/disorders/ptsd\\_main.php](http://www.psychology.sunysb.edu/eklonky-/division12/disorders/ptsd_main.php)>

### **Psychoses:**

<[http://www.psychology.sunysb.edu/eklonky-/division12/disorders/schizophrenia\\_main.php](http://www.psychology.sunysb.edu/eklonky-/division12/disorders/schizophrenia_main.php)>

### **Social phobia:**

<[http://www.psychology.sunysb.edu/eklonky-/division12/disorders/socialphobia\\_main.php](http://www.psychology.sunysb.edu/eklonky-/division12/disorders/socialphobia_main.php)>

### **More generic:**

The US National Guidelines Clearing House <<http://www.guideline.gov/>>.